

# NORTH LANCASHIRE SWIMMING & WATER POLO ASSOCIATION

**Honorary Secretary:** Mrs S E Tinkler 28 Bryning Lane Wrea Green PRESTON PR4 2WJ (TEL: 01772 685082)  
E-mail: [susantinkler1@btinternet.com](mailto:susantinkler1@btinternet.com)

**Honorary Treasurer:** Mr D A Cocks, 2 Timbrills Avenue, Sabden, CLITHEROE BB7 9HF (TEL: 01282 772381)

**Age Group Secretary:** Mrs J Whittle, 'Carmel', 51 Heron Way, BLACKPOOL. (TEL: 01253 393967)

**Water Polo Secretary:** Mr P Wilkinson

**Swim League Secretary:** Mr G Whittle 'Carmel' 51 Heron Way, BLACKPOOL (01253 393967)

PRESIDENT: Mr G.M. Whittle

To All Clubs:

Enclosed is the information for the Level 3 Meet, License No. 3NW8409, in October. The programme includes a Medley Skins event which will add a little excitement. We want to add a bit of variety to our meets.

Forms Enclosed with this memo:

- Club Entry Form & Meet Information
- Swimmer Entry Form
- Programme of Events
- Qualifying Times

Please pass on this information to the relevant people.

Take note of all the conditions of this meet.

- Be realistic when entering swimmers. For example if a swimmer cannot do butterfly (or other stroke/turn correctly then don't enter them). Remember, although this is a Level 3 competition, it is run under ASA Laws and ASA Technical Rules. Swimmers will be disqualified - officials are only doing their job. We do not want swimmers to be upset. It is unfair on the swimmer if they have been entered in an event they are not confident with.
- Note the qualifying times and again **we ask for honesty**. Remember this is a Level 3 meet. Some swimmers will swim faster times. This is inevitable. There is nothing wrong with this as long as a realistic and honest time has been submitted. If a swimmer has swum a faster time than the qualifying time they must not enter.
- Swimmers do not need to enter this event to qualify for the Level 2 in January & February. It is not an event for just getting a time!!
- Where necessary **hold time trials** at your club before entering swimmers. This is a sure way of entering a realistic and honest time.
- I will be asking clubs to provide poolside helpers and help with speeding tickets.

If you have any queries please do not hesitate to contact me.

Janice Whittle (Age Group Secretary)

Carmel

51 Heron Way

Blackpool

FY3 8FA

Tel: 01253 393967

Email [janicewhittle@talktalk.net](mailto:janicewhittle@talktalk.net)