

# North Lancashire Swimming & Water Polo Association

(Affiliated North West Region ASA)

## OPEN AGE GROUP with YOUTH AWARDS

(Incorporating the Individual Championships - Bob Marshall Trophy)

Licensed Level 3 Open Meet - Under ASA Laws & ASA Technical Rules of Swimming - Licence Nos: 3NW2020 & 3NW2021

# 2012 ENTRY FORM

**CLOSING DATE SATURDAY 7 JANUARY 2012**

READ ALL CONDITIONS / AWARDS DETAIL & SIGN DECLARATION

DETAILS SHOULD BE AS PER YOUR ASA CATEGORY 2 MEMBERSHIP REGISTRATION CARD											
Surname					1st Name						
Address											
Post Code			Contact Tel No :-			DATE OF BIRTH					
						d	d	m	m	y	y
Club: -					Gender M / F						
ASA MEMBERSHIP ID						COUNTRY OF COMMITMENT:-					
						England (E) Scotland (S) Wales (W)					
I declare that I am an eligible competitor & accept the promoter's conditions. Signed :											
Contact email address:											

ENTER CORRECT TIMES IN BOXES (Short Course) TIMES MUST BE FASTER THAN **THE LEVEL 3 LOWER** CONSIDERATION TIME. NB: NO UPPER TIME LIMITS FOR CHAMPIONSHIP EVENTS (Highlighted Events)

AGES as at 5 FEBRUARY 2012			
EVENTS	WINNERS BY	OPEN AGE with YOUTH GB POINTS AWARDS	!!! PLEASE NOTE !!! ** ALL AGES MAY ENTER AN OPEN AGE EVENT BUT THERE ARE NO INDIVIDUAL AGE AWARDS
50 FREE	HDW & <b>Junior Final</b>		<b>BOB MARSHALL TROPHY</b> (Championship Events) Club Points 3, 2, 1 for 1st/ 2 <sup>nd</sup> /3 <sup>rd</sup> Event Trophy awarded to each Winner of <b>Jnr. 50 Free (16/under – Age on 5/2/2012)</b> 100 metres Free, Back, Breast & Fly 200 metres Free 400 metres Individual Medley
100 FREE	Heats & Final		
200 FREE	Heat Declared		
400 FREE	Heat Declared		
800 FREE	Heat Declared		
*1500 FREE*	Heat Declared		
50 BACK	Heat Declared		<b>YOUTH GB POINTS AWARDS</b> 15/18yr Girls & 15/18yr Boys Combined Age Groups <b>5 CATEGORIES</b> - Sum of the best in each of <b>Sprints</b> - 50m Free, Back, Breast & Fly <b>100s</b> - 100m Free, Back, Breast, & Fly <b>Form</b> - 200 Back, Breast & Fly <b>Distance Free</b> – 200m, 400m & 800m/1500m <b>Individual Medley</b> - 200m & 400m <i>Advise entry in at least one event in each Category</i>
100 BACK	Heats & Final		
200 BACK	Heat Declared		
50 BREAST	Heat Declared		
100 BREAST	Heats & Final		
200 BREAST	Heat Declared		
50 FLY	Heat Declared		<b>** LOWER TIMES MUST HAVE BEEN ACHIEVED IN ALL EVENTS</b>
100 FLY	Heats & Final		
200 FLY	Heat Declared		
200 IND. MED	Heat Declared		
400 IND. MED	Heat Declared		
BADGE AWARDS 1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup> in each Event	A PERSONAL RECORD OF EVENTS ENTERED SHOULD BE KEPT		TROPHY AWARDS Top 6 In Youth GB Points

TOTAL EVENTS ENTERED	
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**ENTRY FEES**  
**£3 PER EVENT**

TOTAL ENTRY FEES	£
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**NO REFUNDS FOR INCORRECT ENTRIES**